

# *The Massachusetts Neuropsychological Society*

*Presents*

## "Delirium in Older Persons: Update on a Pervasive, Costly, and Treatable Disorder"

Tuesday, December 4, 2007

7:30 PM-9:00 PM

*Please join us at 7:00 pm for refreshments*

### **Speaker: Sharon K. Inouye, MD, MPH**

**Sharon K. Inouye, MD, MPH**, is current Director of the Aging Brain Center at Hebrew Senior Life, and Professor of Medicine at Harvard Medical School, previously holding distinguished positions at Yale University School of Medicine from 1985-2005.

With 120 publications much of her research has focused on applying clinical epidemiologic approaches to prevent delirium and functional decline in hospitalized older patients. She has developed and validated a new instrument for identification of delirium (i.e., Confusion Assessment Method (CAM)); has conceptualized a multifactorial model for delirium focused on identification of predisposing and precipitating factors for delirium; and has developed a multicomponent intervention strategy to prevent delirium, targeted towards six delirium risk factors. This cost-effective strategy, Hospital Elder Life Program (HELP), has demonstrated reduction in delirium by 40% (New England Journal of Medicine). Current work focuses on the interface of delirium and dementia. Awards and accolades in her field, include: the American Geriatrics Society Outstanding Scientific Achievement for Clinical Investigation Award (1998), Donaghue Investigator Award (1998-2003), Midcareer Award from the National Institute on Aging (1999-2005), election to the American Society of Clinical Investigation (2002), the Ewald W. Busse Research Award in Biomedical Sciences (Gerontological Society of America, 2003), the UCLA David H. Solomon award (2005), the 2005 Leonard Tow Humanism in Medicine Award (Arnold P. Gold Foundation), and election to the Yale Society of Distinguished Teachers (2005). NIH has funded her work continuously since 1991.

#### **Learning Objectives:**

- 1) Describe the epidemiology and etiology of delirium.
- 2) Explain the Confusion Assessment Method and how it is used to detect delirium.
- 3) Discuss prevention and management of delirium.

**Spaulding Rehabilitation Hospital, 125 Nashua Street, 8<sup>th</sup> Floor  
Conference Room**

**For directions please check [www.massneuropsychology.org](http://www.massneuropsychology.org)**

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